

U9 Seasonal Structure

OPTION 1: FULL SEASON OF HALF-ICE PLAY

PHASE	Prep/Evaluation Phase & Development Phase	Regular Season Phase	End-of-Season Phase
DURATION	Up to 12 WEEKS prior to the start of the Regular Season phase	Up to 16 WEEKS after the completion of the Development phase	Up to 4 WEEKS after the conclusion of the Regular Season phase
ICE SET-UP	HALF-ICE GAMES	HALF-ICE GAMES	HALF-ICE GAMES
BALANCE	40% OF THE SEASON	50% OF THE SEASON	10% OF THE SEASON
VOLUME	UP TO 12 WEEKS	UP TO 16 WEEKS	UP TO 4 WEEKS
PRACTICES	14 PRACTICE SESSIONS	34 PRACTICE SESSIONS	7 PRACTICE SESSIONS
GAMES	UP TO 6 GAMES	UP TO 22 GAMES	UP TO 12 GAMES
JAMBOREES	1 JAMBOREE	1 JAMBOREE	1 JAMBOREE